

# THE VULCAN BUDGET TOOLKIT



### (Printable Edition)

Logic over impulse. Data over emoton.

#### **PURCHASE SCORECARD**

EXPENSE	COST	LOGIC RATING (0-1)	

1.0 perfectly rational; 0.5 justified want; 0.0 impulse.

## DISCIPLINE JOURNAL

DATE	EMOTIONAL STATE	SPENDING BEHAVIOR

#### THE PRIME DIRECTIVES

- 1. Automate first (bills, savings, investments).
- 2. Plan enjoyment (scheduled fun).
- 3. Detach emotion (logic clarifies).
- 4. Review weekly (data-driven).



